



TAVERN & GRILLE

Urban Dining, Suburban Address

Gluten Free Menu

starters

GRILLED CHICKEN WINGS

Buffalo or sweet & spicy Asian 10.95

BBQ RIB SAMPLER

Four bones of our house-smoked baby back ribs, grilled & basted with a tangy BBQ sauce & served with coleslaw 8.95

BAKED SPINACH ARTICHOKE DIP

Topped with melted Parmesan & served with warm flat-bread 9.95

NACHOS *Gluten Free without Chips*

Tortilla chips (*w/o*), Nacho cheese sauce, jalapeños, pico de gallo, lettuce, & a side of salsa & sour cream 8.95
• Add chicken, chili, or pulled pork 3.00

STARTER *Gluten Free w/out Rings*

BBQ Ribs, Buffalo Wings, Spinach Artichoke Dip, and Onion Rings (*w/o*) Serves 3-4 people 17.95

slider trios

Gluten Free without the bun

SWEET & SPICY PORK

Pulled pork and Asian slaw tossed in a sweet & spicy sauce 8.95

SIGNATURE KOBE SAMPLER

Brie & Bacon, Gruyere & Mushroom Sauté, & Caramelized Onions 12.50

ORIGINAL NUGGET SLIDERS

Mini-versions of the Original burger topped with American cheese 8.95

kid's meals

Gluten Free without the bun

Served with coleslaw, veggies, or fruit

HOT DOG

Grilled vienna beef dog
Add toppings if you'd like!

MINI-CHEESEBURGERS

Two-miniversions our Gold Nugget burger topped with American cheese

CHICKEN FINGERS

Grilled chicken strips in a basket
Add toppings if you'd like!

the original burger

Served with coleslaw. **All items Gluten Free without the bun.**

Sub a side salad or cup of soup 2.95 or cup of French Onion (*no crostini*) 3.95

ORIGINAL GOLD NUGGET BURGER

The flat-top grilled burger that made us famous! 9.95

• *Make it a double burger* 3.75

traditional toppings 1.00 each

Cheddar, Swiss, Provolone, Pepperjack, or American. Mushroom Sauté, Mixed Greens, Caramelized Onions, Fried Egg, or Pickled Jalapeños

gourmet toppings 1.75 each

Brie, Crumbled Blue, Feta, or Gruyere. Smoked Bacon, Chili, Avocado, Sauerkraut, BBQ Pulled Pork, or a Grilled Portabella

homemade toppings .50 each

BBQ, Bacon-Chive Sauce, Russian dressing, Garlic Mayo, Pico de Gallo, Horsey Sauce, Sun-Dried Tomato Mayo, Sriracha Mayo, Nacho Cheese

burger creations

Served with coleslaw. **All items Gluten Free without the bun.**

Sub a side salad or cup of soup 2.95 or cup of French Onion (*no crostini*) 3.95

SIGNATURE STADIUM BURGER

Served on a pretzel bun with American cheese & served with a side of Nacho cheese dipping sauce 11.95 • Add caramelized onions 1.00

MUSHROOM & SWISS

Sautéed mushrooms & Swiss cheese 11.95

BLACK & BLUE

Blackening spices, Blue cheese crumbles, Cheddar cheese, and topped with caramelized onions 12.50

PATTY MELT

The Original burger with Swiss and American cheese.

Topped with caramelized onions & served on caraway rye 11.95

MIDWESTERN KOBE BEEF

Bold, tender, & more robust than the Original. Served on a toasted Kaiser bun 13.95 • Add traditional, gourmet, or homemade toppings

SMOKEHOUSE

Homemade BBQ sauce, Cheddar cheese, and smoked bacon 12.50

MEDITERRANEAN TURKEY

Ground turkey mixed with Feta cheese, sun-dried tomatoes & roasted peppers. Topped with grilled vegetable salad & sun-dried tomato mayonnaise 11.95

BISON BURGER

Leaner & bigger than the Original. Served on a Kaiser bun 14.95

• Add any traditional, gourmet, or homemade toppings

MINNESOTA WILD RICE

The Original patty mixed with wild rice. Topped with Gruyere and a grilled Portabella mushroom cap 12.95

JALAPEÑO JUICY LUCY

Our version of the popular burger stuffed with Pepperjack, and pickled jalapeños 12.50

• Add traditional, gourmet, or homemade toppings

***All burgers are served "pink" or "no pink"**

weekly burger special

52 WEEKS, 52 BURGERS

We don't just make burgers, we make burgers special...

Each week our innovative, inventive, and pioneering Chef's work-up a new burger. Ask your server or bartender for details.

Find out each Monday @ gntag.com or follow us



WE DO fry in 100% soybean oil: both trans-fat free & cholesterol free.
WE DO NOT HAVE Gluten Free fryers. WE DO NOT accept checks.

big plates

SI **MAPLE & GINGER SALMON**
A 6oz. salmon filet lightly pan-seared and topped with a house-made maple & ginger glaze served over locally harvested wild rice & seasonal vegetables 16.95

1/2 ROAST CHICKEN *Gluten Free w/o Panko*
Our own unique recipe featuring a seasoned and roasted half-chicken with a mustard & panko crust (**w/o**). Served w roasted baby red potatoes, seasonal vegetables, and a side of fire-roasted tomato au jus 14.95

BROILED WALLEYE
A light and flakey walleye filet broiled with dry white wine and lemon. Served over wild rice & seasonal vegetables 16.95

SI **BBQ BABY BACK RIBS**
Our smoked BBQ ribs, served with coleslaw
Half 14.95 Full 24.95

pasta bowls

BEEF STROGANOFF *Sub rice for noodles*
Red wine braised short ribs & (**sub**) egg noodles, tossed in our homemade mushroom and beef sauce 15.95

CREOLE PENNE *Sub rice for noodles*
Louisiana style: Sauté of garlic, onions, and tomatoes with a creamy Creole sauce over penne noodles (**sub**) & andouille 10.25
• Add grilled chicken 4.25 or shrimp 6.50

lunch combo until 5pm

SOUP, SALAD, OR HALF-SANDWICH
Pick two: cup of soup, side salad, or half sandwich of the day 7.95
Ask server for details - No substitutions

specialty beverages

SPRECHER ROOT BEER ON TAP 16 OZ. 3.50
SPRECHER CREAM SODA OR ORANGE 3.25
COFFEE OR ESPRESSO 2.25

desserts, shakes, & floats

OUR ICE CREAM IS GLUTEN FREE!
SEE TABLE TOP MENU OR ASK YOUR SERVER

SEASONAL CHEESECAKE
Cheesecake made with a Gluten Free crust
Ask server for details 4.95

beer & cider

REDBRIDGE BEER bottle 5.25
ACE PEAR CIDER bottle 5.50
STRONGBOW CIDER can 7.00
ORIGINAL SIN CIDER bottle 5.50

2-handed sandwiches

Served with coleslaw. **All items Gluten Free without the bun.**
Substitute a side salad or cup of soup 2.95 or cup of French Onion (*no crostini*) 3.95

PULLED PORK
Slow-smoked shredded pork, homemade BBQ sauce & coleslaw topping
Served on a toasted Kaiser bun 9.95

ROAST TURKEY
House-smoked turkey breast, Provolone, avocado, bacon, tomato, and roasted garlic mayo with shredded lettuce on grilled ciabatta 10.95

SI **REUBEN**
Corned beef, Swiss cheese, sauerkraut, and Russian dressing
Served on caraway rye 10.95

HOT ITALIAN HOAGIE
Ham, salami, pepperoni, roasted tomatoes, sautéed bell peppers, Provolone, shredded lettuce, & Italian dressing on a warm baguette 10.95

SI **SMOKEY JOE**
Roasted beef, smoked pulled pork & andouille sausage, shredded lettuce, and zesty BBQ. Served warm on a soft hoagie bun 11.95

TOASTY HAM & CHEESE
Lots of hot ham with Cheddar or Swiss cheese on toasted sourdough 8.95
• Add a fried egg for 1.00

GRILLED CHICKEN BREAST
Marinated grilled chicken breast, honey mustard, balsamic tomatoes and mixed greens on a toasted Kaiser bun 10.95

EL CUBANO
Pulled pork, shaved ham, sliced dill pickles, Swiss cheese, and spicy brown mustard on pressed ciabatta 10.95

GRILLED VIENNA BEEF DOG
Served on a New England Style Bun 5.25 • Make it two dogs for 2.95
• Make it Reuben style or a Chili-Cheese dog for 1.75

tavern salads & soups

HOUSE SALAD *Gluten Free without the crostini*
Mixed greens, red onion, cherry tomatoes, hard-boiled egg, & Cheddar
Choice of: French, Ranch, Italian Herb, Russian, Blue Cheese, Honey Mustard, Balsamic Vinaigrette, or Dijon Vinaigrette Small 3.95 • Large 7.95
• Add grilled chicken for 4.25 • Add shrimp or salmon for 6.50

SI **SIGNATURE BLT SALAD**
Iceberg lettuce wedge, tomato wedges, chopped smoked bacon, with Blue Cheese Crumbles and Blue Cheese dressing 9.25

CAESAR SALAD *Gluten Free without the croutons*
Romaine, garlic croutons & grated Parmesan Small 3.95 • Large 7.95
• Add grilled chicken for 4.25, or shrimp or salmon for 6.50

ASIAN CHICKEN SALAD *Gluten Free w/out the wontons & w Grilled Chicken (Sub)*
Crispy sweet & spicy Asian chicken tenders served on a bed of Asian slaw and romaine lettuce tossed in an Asian dressing. Topped with chopped peanuts, cilantro, green onion, and crispy wontons 10.95

SI **SMOKED SALMON SALAD**
Smoked salmon, Bleu cheese, shaved red onion, hard-boiled egg, sliced green apple, and mixed greens tossed in a Dijon Vinaigrette 10.95

GREEK SALAD
Mixed greens, Feta cheese, Kalamata olives, diced cucumber, basil, green onion, and cherry tomatoes tossed in a Greek Vinaigrette 9.25
• Add grilled chicken 4.25
• Add grilled shrimp or salmon for 6.50

NUGGET CHILI
Cup 3.95 Bowl 5.95 • Add cheese & sour cream 1.25

FRENCH ONION SOUP GRATINEE *Gluten Free without the crostini*
Red wine-laced onion & beef broth, topped with crostini & Swiss cheese melted to a bubbly golden brown 5.95

SI **SOUP OF THE DAY**
Homemade soup served as a Cup or Bowl
Ask your server for details